

SWOSTISHREE GURUKUL®

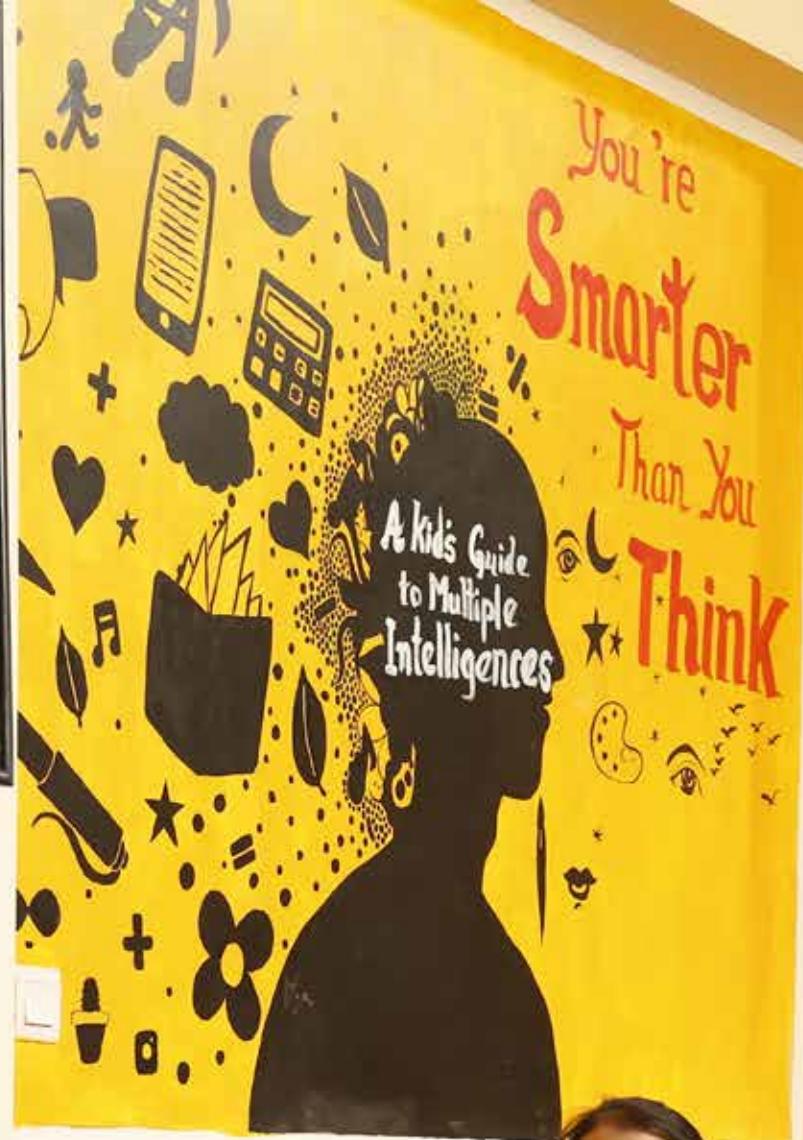


Learning Today,
Leading Tomorrow

IBPYP CANDIDATE
SCHOOL



SWOSTISHREE
GURUKUL®



be kind
& all of
these
will come
back to
you ...
cute





Education is the path to international leadership. As a result of a rise in income level, increased educational awareness and increasing exposure to the developed world, Nepalese parents are demanding a high quality education to be available here in Nepal so that their child become a capable citizen. Nepal could be an ideal nation for South Asian countries for world class education and realizing the importance of a quality education in the 21st century, a group of young and energetic education professionals have established Swostishree Gurukul (school) in Sanobharyang, Kathmandu, Nepal.

Swostishree Gurukul at a Glance

Swostishree Gurukul has been created to provide modern methods of learning by using the latest state-of-the art facilities and inquiry-based teaching methods. Our philosophy of teaching is progressive, child centered and active. Our experienced, trained and highly dedicated team works hard to promote a variety of choices of teaching-learning activities which are designed to encourage physical skills, life skills, cognitive learning, literacy acquisition, problem solving and independent thought to the children.



Core values of Swostishree

The motto of Swostishree Gurukul is "Learning today, Leading tomorrow". We are on a mission to prepare 21st century capable and responsible citizens. Our core value are developed with the combination of the TEN LEARNER PROFILES OF IB. We expect our students to exhibit the following traits:



We are
community



We are **inquirers**,



We are **honest**



We are **sympathetic**



We are
communicators



We are
constructivist



We are
risk-takers



We are critical
thinkers



We are
responsible



We are
knowledgeable



We are
balanced



We are open
minded



We are
principled



We are
collaborate



Vision

Swostishree Gurukul envisages generations of life-long learners striving towards academic excellence, social responsibility, nation building and global fraternization. As a centre of educational excellence in Nepal and beyond Swostishree will prepare national and global leaders by providing a liberal and diverse environment for students that nurtures creativity and helps them to realize their full potential.





Mission

Swostishree supports inspired learning through dedicated teaching, caring relationships, a challenging curriculum and community service. Our mission is to provide the best possible education to every individual child. We value each student's effort, imagination and positive contribution to the community. We celebrate being inclusive and value the partnership between family and school.



Educational philosophy

Education is not only about gaining knowledge and skills but also about discovering a lifelong love of learning. We are inspired by Benjamin Franklin's quote, "Tell me and I forget. Teach me and I remember. Involve me and I learn". We value experiential outdoor and life-skill education: the idea that people learn by doing, not by merely being told.

This means that students learn through real and direct exposure to nature, places, events, people and communities. We want the students to be actively involved in their learning, formulate questions, investigate and build new understandings, meanings and knowledge. We also teach our children the value and importance of working together in a team. Children are also encouraged to give back and contribute to society.

.....○
"Tell me and I forget. Teach
me and I remember.
Involve me and
I learn"
-Benjamin Franklin
.....





READ

Teachers and Professional Development

The teachers of Swostishree are qualified and trained. They are carefully selected not only for their knowledge, experience and educational background but also for their nurturing personalities, integrity and commitment to families. Many of our teachers have international degrees and experience in working at international schools.

Professional Development (PD) workshops for teachers are integral parts of teacher development at Swostishree. Ongoing PD workshops for teachers emphasize education philosophy, constructivism, content knowledge, new curriculum resources, classroom management, increased use of educational technologies, experiential learning, life skills and many more. Those workshops are conducted by both national and international education professionals. Apart from this our leadership team members participate in international workshops and training, visit international schools and bring back the best practices in education and technology.

A team of teachers from Watkinson School, Hartford, Connecticut, USA led PD workshops for the teachers at Swostishree Gurukul in March 2020, focusing on progressive, student-centered teaching. Watkinson School has a legacy of leadership in progressive education and was a founding member of the Coalition of Essential Schools. Watkinson's mission is to develop the power to shape their students' lives and the world around them. Swostishree Gurukul anticipates having an ongoing partnership with Watkinson for teacher development, collaboration and teacher/student exchange in the days to come.

Our Curriculum

One of the challenges that parents face is to choose the right educational institution. Swostishree Gurukul has many benefits. We are committed to developing students who have excellent breadth and depth of knowledge and to help students flourish physically, intellectually, emotionally and ethically. ts will be engaged in various activities that make them culturally aware and be able to engage and interact with people in an increasingly globalized and rapidly changing world. We treat children from all cultures races and ethnic backgrounds with respect and dignity. Swostishree Gurukul offers a multifaceted and balanced curriculum for grades K-12 while remaining within the Nepal Government's National Curriculum framework. Experiential learning, outdoor learning and service-learning are integral parts of Swostishree Gurukul's curriculum, which offers rich and varied opportunities for students to get involved in.



Partnership With International Institutions

Swostishree Gurukul has different international partners and collaborators.

We work together on curriculum framework, pedagogy, professional development of teachers and student and teacher exchange programs.



IBPYP: Swostishree is a candidate school to implement IB Primary Years Programme (IBPYP). Through its inquiry-led, transdisciplinary framework the PYP challenges students to think for themselves and take responsibility for their learning as they explore local and global issues and opportunities in real-life contexts.



Watkinson School, USA: Swostishree Gurukul is in the process of establishing a partnership with Watkinson School, a progressive school in Hartford, Connecticut, USA, for the professional development of teachers, students, teacher exchange and collaboration in the teaching-learning process. Experts in special education from Watkinson have been providing training to our teachers.



Fieldwork Education, UK: Swostishree Gurukul is authorized by Fieldwork Education to implement International Early Years Curriculum (IEYC).

ISF: Swostishree Gurukul is the only official ISF (International School Sports Federation) member school in Nepal. Our students will be able to showcase their sports skills on the international platform as well.

Our Programs

One of the challenges that parents face is to choose the right educational institution. Choosing Swostishree Gurukul has many benefits. We are committed to developing students who have excellent breadth and depth of knowledge and help students flourish physically, intellectually, emotionally and ethically. Our students will be engaged in varieties of activities which make them culturally aware and able to engage and interact with people in an increasingly globalized, rapidly changing world. Swostishree Gurukul offers a multifaceted and balanced curriculum for grade K-12, remaining within the framework of the Nepal Government's National Curriculum.

Swostishree PYP (PRECHOOL – GRADE V)

Swostishree Gurukul has been implementing the IB Primary Years Programme (PYP) in Preschool to Grade five since 2020. The PYP offers an inquiry-based, transdisciplinary curriculum framework that builds conceptual understanding. It is a student-centered approach to education for children aged 3-12. It reflects the best of educational research, thought leadership and experience derived from IB World Schools. The PYP has evolved to become a world leader in future-

focused education. The PYP is an example of best educational practice globally, responding to the challenges and opportunities facing young students in our rapidly changing world. At Swostishree, we honor childhood. Children have different needs at different developmental stages. Our teachers are well-trained in the developmental needs of each age of the child and attend to each child's cognitive, emotional, and physical development while harnessing the power of their natural curiosity.







Swostishree MYP (GRADE VI – X)

Swostishree Gurukul's Middle Year Programme (MYP) is implementing a challenging, engaging and collaborative programme to the students of Grade VI to X. We are in the process of collaborating with Watkinson School, USA and adopting the best practices of IB while remaining within the framework of the Nepal Government's National Curriculum. Students learn best when their learning experiences have context and are connected to their lives and their experience of the world that they have experienced. Using global contexts, MYP students develop an understanding of their common humanity and shared guardianship of the planet through developmentally appropriate explorations. A unifying thread throughout all MYP subject groups, approaches to learning (ATL) provide the foundation for independent learning and encourage the application of their knowledge and skills in unfamiliar contexts. Developing and applying these social, thinking, research, communication and self-management skills helps students learn how to learn.



Swostishree High School

(GRADE XI – XII)

Swostishree Gurukul's secondary level (Grade XI and XII) under NEB (National Examinations Board, Nepal) is the medium for further education for SEE Graduates (or equivalent level) students. The two years course offers a comprehensive study of different subjects to meet the objectives of high school education. The course and curriculum are constantly and timely upgraded by different subject experts at the NEB and the national and international universities by keeping in mind the rapid-changing

worldwide education standards. This results in student satisfaction and continuing interest in education. This two-year program leads to a perfect academic foundation for further studies in health and medical science, engineering, management, or humanities. Experiential learning, outdoor learning and service learning are integral parts of Swostishree Gurukul's curriculum which offers rich and varied opportunities for students to get involved in.



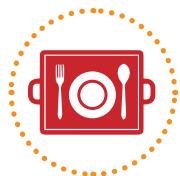


World Class Infrastructure and Facilities

Swostishree campus is carefully designed for a world-class education. Ideal resources and facilities are provided at the school to create a premier learning environment. The building structures are modern and safe. Classrooms are bright and airy. Central air-conditioning ensures a comfortable environment. Furniture has been carefully selected to suit students' developmental needs and to encourage interaction. Each well-equipped classroom has a classroom library and abundant resource material for experiential learning to promote the Swostishree philosophy of learning through exploration.



Swostishree Gurukul team is privileged to get "**Asia's Best Emerging School of the Year Award**" for 2020/2021 proudly felicitated by Asia Awards in association with RULA awards (Asia's No.1 Brand and Leadership Excellence Award).



Cafeteria and Meals

Swostishree is committed to providing healthy and hygienic meals to the children. We are aware that a well-balanced and nutritious diet is an absolute requirement for both the physical and mental growth of children. Meals are prepared under hygienic conditions in our modern kitchen under the direction/supervision of a professional chef and dietitian. Three meals (breakfast, lunch and afternoon snacks) are served to students. Vegetarian as well as non-vegetarian food items are cooked separately with great care. Separate utensils are used in the process of cooking and serving.









Physical Facilities for Outdoor Learning

Swostishree Gurukul values the importance of outdoor activities and students' physical growth. Physical education and sports are therefore integral parts of the school curriculum. Outdoor education aims to help children develop an understanding of the value of physical education and the discipline associated with it so that they commit to fitness for life. We have developed outstanding sports facilities to provide ample opportunities in outdoor education.

- Indoor heated swimming pool
- Professional futsal court
- Basketball and volleyball courts
- Well-equipped gym
- Roller skating rink
- Rock climbing/wall climbing/abseiling
- Yoga hall
- Agriculture farm



Nursing and Infirmary

Qualified and well-trained nurses are on standby during school hours at Swostishree Gurukul. The infirmary administers first-aid. More severe cases are referred to the hospital after consultation with parents/guardians. Periodic visits are also made by registered doctors to monitor student's health.



Laboratories, Visual and Performing Art Studios

We have well-equipped laboratories for natural sciences. The biology, chemistry, physics and computer laboratories allow hands-on study and help students gain experience in scientific methods. We also have Visual Arts and Performing Arts studios, experiential learning centers such as plumbing, electricity, carpentry, painting, fashion design, etc to allow students to learn life-skills.



Security

The school building is modern, safe and child friendly. The entire campus is built with special care so that it can withstand even the most adverse weather. All the buildings are earthquake-proof. Fire and emergency alarms are always on standby. The teachers, staff and guards are on constant vigilance to avoid accidents and hazards.





Smart Classrooms

This is the digital age. Teaching at Swostishree goes digital. All classrooms are equipped with interactive Smartboards, Smart TVs with unlimited internet facility. Teachers and students use digital technologies to enhance their lessons/studies. Our students learn video editing, animation and coding in their computer classes. We also have an IT room for video conferencing, distance learning/training and recording.



Safety

The school building is modern, safe and child friendly. The entire campus is built with special care during construction so that it can withstand even the strongest of jolts. Fire and emergency alarms are connected. The teachers, staff and the guards are constantly on vigilance during the school hours so as to avoid accidents and hazards.





Library

At Swostishree Gurukul we believe that reading is the best way to develop vocabulary and improve comprehension skills. We have well-equipped libraries, (senior and junior) with an extensive range of reference books, fiction and non-fiction books, daily newspapers, periodicals, magazines, current journals and an e-library with multimedia facilities. We have qualified librarians who also conduct special classes and general reading at the library. The library plays a vital role in the reading program at Swostishree.





Transport Facilities

Swostishree has a fleet of air-conditioned Toyota Hiace vans. Safety and comfort are absolute priorities. Each van is driven by an experienced driver and is accompanied by a trained assistant. Every vehicle is equipped with GPS (Global Positioning System).



Parents' Testimonials

We are very delighted that we chose Swostishree Gurukul for our Child's education. The pandemic has been a huge setback for everyone and the school's effort to provide quality education even at this difficult time is highly commendable. We are thankful to all the teachers who have shown individual care and have motivated our child in every possible way.

Utshav Krishna Parajuli

(Father of Ayana Parajuli - Grade II student)



It was our child's first year at Swostishree Gurukul and we were very excited about the new school and new curriculum but unfortunately due to covid, the school was forced to close down. But soon after, the school management decided to start online classes and my son started enjoying these virtual classes. The teachers have always tried their level best to make the sessions interactive. It was a big challenge for the teachers to grasp the children's attention and teach concepts in such short sessions. It was so much joy seeing our child learn all of the contents in the wonderfully crafted online classes.

Kiran Prasad Shrestha and Puja Pradhan

(Parents of Keon Shrestha - K-2: Busy Bunnies student)

We have observed that Swostishree, just in the first year of establishment, has been moving rapidly towards glorious achievements and with prominent success ahead. Despite the global COVID-19 pandemic and induced lockdown, we have witnessed the school's growth in infrastructures and eminent facilities and services. The children have been well taken care of and the online classes have been conducted very efficiently. We hope that our children will enjoy, explore all the wonderful elements the school provides for them. Let us have "Pride, Prestige and Synergy Within" approach to explore more about the hidden treasures of all our students. We thank you very much for your good care, support and services during online classes. Thank you also for your warm hospitality during our occasional school visits.

Sanu Laxmi Shakya

(Mother of Sunishka-VII student and Ashika Mishra-III student)



We had been looking forward to visit the school and were happy when we actually managed to do so. The school environment is fantastic. The greenery and the wonderful art on all the walls in the school premises create a beautiful experience. The beautiful futsal ground, the basketball court and the magnificent indoor heated swimming pool have won our hearts. Many thanks to the school team for creating such a wonderful environment for education and learning environment to our children. We are also delighted that the teachers in the institution are highly qualified and friendly.

Bishnu Ghimire

(Father of Aayush Ghimire-Grade VII student)

This year, I have observed that my son has become very confident in his activities and work. He has also been very attached to the administration of the school and teaching staff. I appreciate the teaching methodologies of the school that make the children grow their love and respect not only for the school but also for their parents, siblings and other family members. I would like to thank all of the teaching staff and the administration for their effort, love, care towards the children.

Urmita Thapaliya

(Mother of Umanga Acharya- Grade I student)



Admission Policies and Procedures

Swostishree welcomes applications from students of all nationalities without discrimination of race, colour, gender or ethnicity. Students are accepted based on the availability of seats. The decision of the Admission Committee in such matters will be final. For eligibility all applicants are required to sit a screening test (written & interview).



Parents and guardians who wish to enroll their children at Swostishree should follow the following procedure:

- **STEP 1:** Contact the Admission's Office and arrange for an appointment for a school tour.
- **STEP 2:** Collect the Application Package including the Application Form from the school reception. The Application Form is available also on the school's website.
- **STEP 3:** Fill out the Application Form and submit it to the Admission's Office. The Admission's Office will set a date and time for a placement assessment and an interview. Both the parents/guardians and the student shall be interviewed.
- **STEP 4:** The school issues an Acceptance Letter within a week to confirm admission and a voucher to make a deposit that covers the Admission Fee, Security Deposit and Annual Charges. This deposit confirms the admission of the student at Swostishree. If a deposit is not made by the given date the place will be offered to another student on the waiting list.
- **STEP 5:** Parents/guardians are required to attend a parents orientation meeting where they will be provided with necessary documents and information

Management Team

FROM LEFT TO RIGHT...

Tasi Maharjan
Resource & Procurement Manager

Chirag Bangdel
Media and Communication Director

Pravin Moktan
Academic Director

Mina Maharjan
Managing Director

Ramkrishna Chitrakar
Chairperson

Prof. Dr. Him Lal Ghimire
Principal

Rahindra Maharjan
Finance Director

Hari Prasad Sanjel
School Coordinator



Message from the Principal



Welcome to Swostishree Gurukul!

In today's world, education has been redefined and restructured. Education is not only about gaining knowledge and skills but also about discovering a lifelong learning process and becoming competent within a global society. The happiest people in the world are those who are living up to their dreams. As the world rapidly changes so do our needs and students must always be eager to learn more. When students are active learners who solve problems both independently and as team members they are prepared to tackle new challenges with ease.

Swostishree believes that the progressive education model instills in students a love of learning and makes school a part of their lives and not just a temporarily necessary part of their childhood. Our education philosophy will always meet the needs of every individual student. We are committed to providing a conducive educational environment that is critical in the realization of the child's highest potential. We believe successful education is all about inspiration:

inspiring students towards academic achievement and providing responsible adult role-modelling to encourage emotional intelligence. We strive for excellence and provide each student with a world-class education. We are committed to foster a collaborative community of learners amongst all stakeholders. We have an excellent team of internationally experienced, skilled and motivated teachers at Swostishree.

Every parent harbours dreams for his/her child. It is the parent's fond hope that the school will lay the foundation for the realization of these dreams. The choice of school for the child is therefore a critical decision and one that is often extremely difficult to make. Swostishree Gurukul presents itself as today's answer to tomorrow's needs by meeting the growing demand for world-class education in Nepal. We thank you for your expression of interest in Swostishree Gurukul where learning is fun, creative and multidisciplinary and look forward to welcoming you and your family.

Prof. Dr. Him Lal Ghimire
Principal



Chairperson's Pen

Swostishree Gurukul is the realization of a dream. A dream to prepare generations of young people in Nepal who will be capable of taking the country forward as global contenders. The world today provides unlimited opportunities for those who have the right attitude and the right qualifications. The playing field has expanded beyond imagination and the players are multitalented and multifaceted. It is our dream at Swostishree Gurukul to prepare players who will not only be able to compete but will also be capable of leading.

Yesterday's school is no longer relevant for today's child. The world is so much smaller than it was yesterday. There's so much change happening

and at such frightful speed. If one doesn't keep up one will get left behind. The need of the hour is an education that is progressive and inquiry-based in an environment that encourages students to learn, formulate questions, investigate widely and then build new understandings, meanings and knowledge.

The rising interest in an education that is relevant, inspiring and useful for their children to be successful in a foreseeably even more complex and globally interconnected future gives us an excellent opportunity to present Swostishree Gurukul as a school of and for the future.

Ramkrishna Chitrakar
Chairman



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